



Cape and Islands United Way

2016-2017 COMMUNITY IMPACT PARTNERS

HEALTH --15 programs

Cape Cod Challenger Club

Recreational & Athletic programs for Individuals with Disabilities
— \$9,750

This program is focused on providing individuals with disabilities the opportunity for recreation to improve physical and social well-being — a unique opportunity not provided by typical programs or social service agencies in the area. Providing an active and social lifestyle adds to the health of individuals that may not be served by our population otherwise.

Cape Cod Children's Place

Finding A Place of Belonging — \$4,875

Increasing numbers of children in our region are being raised in households where one or both parents have or are recovering from an addiction. Children whose parents abuse alcohol and/or drugs are almost 3 times more likely to be abused and 4 times more likely to be neglected than other children. The purpose of this program is to provide families on the critically underserved region on the lower and outer cape with access to the resources needed to support their recovery process, maintain sobriety, improve parental abilities and confidence, and ultimately reduce rates of addiction and child maltreatment.

Child & Family Services of Cape Cod

Cape Trauma net — \$9,750

Expanding Cape Trauma Net to include adults, seniors, and families who are experiencing significant disruption in their mental health due to traumatic events. Services are offered in Hyannis and Harwich Port clinics, and also in clients homes anywhere on the Cape. Services are targeted especially to low income populations.

Children's Cove

Child Sexual Exploitation and Trafficking Training for Trauma Informed Providers — \$4,875

Training for therapists, social workers, and case workers who provide trauma informed mental health therapies to children who have been trafficked commercially for sex on the Cape & Islands. These specifically trained clinicians will provide support for these children who are most at risk for a lifetime of drug, alcohol, and mental health disorders.

Duffy Health Center

Engagement in Treatment — \$9,750

The Engagement in Treatment project will provide incentives, education, and life skills to encourage a targeted cohort to stay engaged in addiction treatment and counseling — continuing to lead clients on their path to recovery.

Falmouth Service Center

Foods to Encourage — \$19,500

The Foods to Encourage Program provides fruits and vegetables to improve health outcomes of clients, targeting those with HTN and diabetes. The goal includes and education of food donors as well as clients on appropriate food selections. Partnerships with clinical workers will provide screening, detection, and management within the walls of the service center.

Family & Children's Services of Nantucket, Inc.

Substance Abuse Services for Under/Uninsured Individuals — \$9,750

Alcohol Use/Disorders, Substance Abuse/Disorders, and Mental Health Disorders are problems that cut across all socio-economic ethnic groups. Family & Children's Services of Nantucket is the exclusive provider for those with no insurance, those that are underinsured, those with MassHealth, and those who speak a foreign language on the Island.

Gosnold on Cape Cod

Behavioral Health Integration with Pediatric Care — \$29,250

This project integrates a behavioral health clinician with a pediatric practice. The primary purpose is to identify and intervene with young people who are experiencing psychological stress, substance use, or emotional challenges. The goal is to help them manage these life issues in a constructive, healthy manner, thus avoiding drug and alcohol use and other high risk behaviors.

HopeHealth

Hope Dementia & Alzheimer's Free Services — \$29,250

In support of creating a "dementia-capable" community for the Cape and Islands, Hope Dementia provides an array of widely available free services to support local individuals and families

impacted by dementia. The “open door” philosophy makes services available for anyone who is in need or affected, including counseling and care planning, support groups for caregivers and their families, memory screenings, a telephone helpline, and a newly proposed Family Education Series and respite grant for caregivers.

Independence House, Inc.

Survivor’s Empowered—\$19,500

Survivors empowered establishes a formal collaboration with Cape Cod Healthcare to ensure that victims and survivors of physical, mental, and sexual abuse are provided with a trauma informed comprehensive response that improves health outcomes. Collaboration efforts include a training plan for increasing knowledge, skills and attitudes of hospital staff in their response to these forms of abuse.

Mothers and Infants Recovery Network, Inc.

Mothers Helping Mothers Support Group — \$7,800

The Mothers Helping Mothers Support Group provides unique peer recovery support to women with histories of addiction during pregnancy and postpartum. The groups strive to help women maintain sobriety, regain custody of their children, and develop healthier lifestyles.

Outer Cape Health Services, Inc.

Chronic Pain Case Management Expansion Project — \$19,500

The Chronic Pain Case Management Program uses a health-oriented, risk benefit framework to monitor patients on opioid prescriptions, and enables a team consisting of a nurse, medical assistant, and the patient’s primary care provider to systematically and consistently assess whether the patients benefits outweighs its risks.

Samaritans on Cape Cod & the Islands

A Second Chance — Support Groups for Suicide Attempt Survivors — \$4,875

A Second Chance is a suicide attempt survivors group that offers a safe, non-judgmental place for people to talk about the feelings that led them to attempt suicide, the impact their attempt had on their lives, and coping strategies for the future.

Sight Loss Services, Inc.

Peer Support for Blind/Low Vision Cape Residents — \$4,875

A program to provide residents of Cape Cod and the Islands with support to cope and function independently with low vision or loss of sight. The program provides peer support, information and referral, adaptive aids, outreach, and education and advocacy to those who are newly blind, visually impaired, or have progressive eye disease. This is important for the Cape and Islands due to the high elderly population.

Vineyard Health Care Access Program

MV Prescription Medication Assistance Program — \$4,875

A program to provide comprehensive prescription medication assistance to Martha’s Vineyard residents of all ages including those who are homeless or at risk for homelessness, have substance abuse disorders, are disabled and elderly, and otherwise vulnerable. The program assists clients with government health programs and plans, and also provides emergency financial assistance for those that cannot afford their medication.

EDUCATION -- 8 programs

Big Brothers Big Sisters of Cape Cod & Islands

Mentoring for Cape Cod & Martha’s Vineyard — \$9,750

BBBS is in its third year of a growth plan of mentoring matches on the Cape and Islands — this program will assist in meeting the goal of 400 active matches by 2018 to help children gain confidence, develop social skills, do well in school, and make good choices.

Boys and Girls Club of Cape Cod

An Education and STEAM Program, Job Skills, & Healthy Lifestyles — \$43,875

The education program provides homework help, tutoring, job skills, mentoring, health & fitness education, drug & alcohol prevention, literacy support, and character and leadership opportunities with a focus in STEAM (Science, Technology, Engineering, Arts, and Math) for local Cape & Islands children.

Boys Scouts of America, Cape Cod & Islands Council

Scoutreach — \$7,312.50

Through collaboration with local schools and other youth service agencies, Cape Cod & Islands Council will provide Cub Scouting and Boy Scouting programs for low income and at-risk boys who cannot or will not join traditional Scouting programs.

Calmer Choice

Program in Dennis-Yarmouth School District, Grades K-8 — \$9,750

Continued implementation of Calmer Choice’s universal primary prevention program for effectively managing stress and resolving conflict. The program includes every single child in kindergarten through sixth grades in the Dennis-Yarmouth School District’s 4 Elementary Schools, and will serve over 1,800 students including teachers and school staff.

Cape Cod Child Development

Tools for Social & Emotional Growth to Ensure School Readiness — \$13,650

A program focused on professionally training 60 pre-K teachers and 30 child care providers in social and emotional assessment tools and classroom lessons and activities geared towards ensuring school readiness.

Cape Cod Children's Place

Building Foundations for Healthy Family Outcomes Program — \$9,750

A multiple parent education series including individualized family support, a literacy program for young children, and age-appropriate books for participating families. These activities will increase school readiness by increasing knowledge and integration of parenting skills, increasing parents' ability to manage stress, increasing knowledge of age-appropriate child development and social and emotional competence, and increasing the number of positive social connections within the family.

Katelynn's Closet

Clothing, Footwear, and Gift Cards — \$4,875

This program is focused on providing clothing for needy children on the Cape and Islands ages 4-18 to help them maintain their dignity and foster self-esteem for confidence in school and school readiness. This includes clothing, footwear, basics, and gift cards for older children.

Shea's Youth Basketball

Shea's Youth Basketball — \$9,750

A free basketball league for youth aged 12-15 years that focuses on teaching low-income and at-risk youth how to succeed on the court, in the classroom, in the workplace, and most importantly, in life. The program includes introducing players to diet and exercise, the relationship between academics and athletics, substance-abuse awareness, and acceptable uses of social media (anti-bullying).

FINANCIAL STABILITY -- 9 programs

Cape Cod Council of Churches

Faith Neighborhood Kitchen — \$9,750

Providing critically needed services to formerly and currently homeless individuals including: placement into transitional or permanent housing, operated by a variety of local resources; case management /support services, outreach to chronically homeless individuals/connecting them to resources (including transportation), and youth street reach.

Cape Cod Times Needy Fund

Basic Needs Safety Net Program — \$14,625

To reduce the impact of poverty of residents on the Cape and Islands, the Basic Needs Safety Net Program will provide one-time financial assistance in accessing critical basic needs such as food, housing, transportation, clothing, utilities, and medical care. This improves housing stability, food security, family safety, reduction in family stress, improved family health, and increased attendance in work and school.

Church of the Holy Spirit

Food4Kids — \$8,775

The Food4Kids Program serves nutritional meals to hungry children on the Lower and Outer Cape. The program includes collaboration with area schools, families of preschool children, and teens. The program will provide wages for two low-income teens as site supervisors for the program.

Falmouth Service Center, Inc.

Financial Assistance Stabilization Fund — \$19,500

This program, located right at the Falmouth Service Center for easy-access to locals in need, provides education needed on the path to financial stability. The program includes budget classes, individual counseling, and ongoing access to food security.

Family Pantry of Cape Cod

Food Program — \$19,500

The Food Program at the Family Pantry of Cape Cod serves 9,000 individuals and families across the Cape and the Islands and also acts as a storage location for the Greater Boston Food Bank who delivers tractor trailer loads of food to 30 other agencies from the building in Harwich. The program includes fresh produce, eggs, dairy products, meat, and fish caught by local fisherman.

Homeless Prevention Council

Shallow Subsidies for Lower Cape Families — 15,600

Shallow Subsidies supports Lower Cape households that do not meet government low-income criteria for food stamps, energy assistance, and Section 8 housing, but yet struggle financially. Many are paying more than 30% of their monthly income on housing, leaving no funds available to address needs such as an ongoing medical condition, substance abuse issue, or continuing their education.

Nantucket Interfaith Council

Nantucket Food Pantry/Nantucket Rental Assistance Program — \$19,500

The Nantucket Food Pantry provides basic nonperishables and perishable foods in amounts appropriate for family size for residents of the Island in need. Food delivery for seniors, disabled individuals and emergency service is also available. The Rental Assistance Program prevents homelessness and substandard living by assisting lower income Nantucket families with first and/or last month's rent to move into suitable housing or to stay in housing.

WE CAN

Moving Towards Self-Sufficiency — \$15,600

WE CAN provides services and education to women of all ages on

the Cape & Islands who are undergoing challenging life transitions to support “the whole woman” through an integrated continuum of services. Serving over 2,200 clients per year, the “Moving Towards Self-Sufficiency Program” provides participants with tools to be self-sufficient including financial empowerment, personal development, and a PathMakers mentoring program.

Yarmouth Food Pantry

Meal of the Month — \$17,550

The Meal of the Month Programs provides clients with the ingredients and a recipe for a nutritious meal consisting of meat or fish. This meal provides an additional meal for clients on top of what they are normally allowed to take home per month. It also provides an education on cooking healthy.

HOUSING --10 programs

American Red Cross of the Cape, Islands, and Southeast MA

Local Disaster Response & Emergency Housing — \$4,875

The local disaster response and emergency housing program provides supplies and resources needed to respond to emergencies 24/7. The program also includes the training of 100+ volunteers who are needed to respond to the emergencies at any moment in time. There are representatives in each of the Cape’s 15 towns, plus Martha’s Vineyard and Nantucket.

Cape Cod Center for Women

Emergency Shelter Acquisition — \$24,375

The Cape Cod Center for Women is the only emergency shelter on the Cape and Islands dedicated to serving survivors of domestic violence. The emergency shelter acquisition program will allow the center to double its shelter-based capacity.

Cape Cod Council of Churches

Homeless Ministries — \$22,425

Providing critically needed services to formerly and currently homeless individuals including: placement into transitional or permanent housing, case management/support services including mentoring by volunteers; outreach to chronically homeless individuals who are “on the street”, and connecting homeless individuals to appropriate resources such as transportation. The program also includes educating youth about homelessness.

Cape Cod Times Needy Fund, Inc.

Housing Stability for Vulnerable Residents Program — \$4,875

The Housing Stability for Vulnerable Residents Program is put in place to assist individuals and families with rent and mortgage payments to prevent possible homelessness in times of family financial crisis.

Duffy Health Center

In From the Streets — \$9,750

In From the Streets provides emergency housing and supportive services to ensure that most vulnerable Cape Codders have safe housing while transitioning to more permanent arrangements.

Habitat for Humanity

Virginia Street, West Yarmouth — \$7,800

Partial construction costs for one of six new homes on Virginia Street, West Yarmouth. The homes are constructed to be affordable for local families in need.

Homeless Prevention Council

Support for Lower Cape Individuals & Families at Risk of Homelessness — \$22,425

Housing Prevention Council provides in-depth and long-term professional care-based management for individuals and families on the lower and outer cape who are at risk of homelessness. The program assists clients in applying for the assistance they need to stay financially stable in their homes.

Housing Assistance Corporation

Supportive Client Services at the NOAH Shelter — \$16,087

The NOAH Shelter is the only emergency shelter for homeless adults on Cape Cod. Supportive client services helps clients in the areas of employment, substance abuse counseling, mental health, physical health and wellness, and more long-term housing.

Lower Cape Outreach Council

Emergency Mortgage, Rent, Shelter Services — \$14,625

A program focused on providing emergency financial assistance to hundreds of lower cape individuals and families who are threatened with homelessness because they have fallen behind on rent or mortgage payments. A mentoring program and new jobs program, as well as wrap-around services to help families retain more of their income are included.

St. Anthony’s Conference of the Society of St. Vincent DePaul

Falmouth Housing Assistance — \$4,875

The Falmouth Housing Assistance Program is focused on providing individuals and families in Falmouth with rent or mortgage assistance to allow residents to “catch-up” on payments and stay in their homes. This increases housing stability and allows for focus on long-term housing solutions.